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Evaluating and Comparing the Educational, Mystical, Epic Tales using Narrative Therapy

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Abstract

Since humankind step into the arena of existence, form of stories, to attract audience and greater impact on them has used. Reader or Hearer of the story, to identify with the hero, the gains experience unquestionably in his attitude to the world and will affect; as far as treatment method called narrative therapy. Stories of classical Persian literature today have the ability to rewrite many simple languages. The stories that exist in different genres can for ethical treatment of disorders, especially in children to be very useful. In this study, Kalīla wa Dimna, Marzubannama and Sindbad-Nameh, educational genres groups, Masnavi and Shaikh Attar's stories that are a subset of lyrical genre, and the stories of Shahnameh, an epic type were chosen. The reason that these texts, unique examples of the types are mentioned. Then a comparison was made between them in terms of the variety of components and their type finally, it was concluded that messages of any genre compared to other genres, their similarities and differences; but the character is in a dominant genre in the first place is important, in other genres, it is not. Education is a significant component in the "decision-making based on reason and logic" in a kind of mystical, "Punishment of action and see the sins" and the epic genre "pattern of providing confidence and courage".

Keywords: Narrative Therapy, Literary Type, Educational, Mystical, Epic, Medical Components.

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1. Introduction

Human child at birth does not know what is good and what is bad. However, his good nature and the evil joy are elusive. Human nature tends to have pure beauty. It is like clean slate tablet. White in the mind and in his heart that is willing to accept. Children are not based on instinct behavior. The instinct is so bereft. He has come take shape and completed. Since the step's existence, and learn in the beginning and until the end of his life, for this learning opportunity is there. Children to live in a healthy body and mind are optimal and high need. Body and Soul closely, from each affected and this impression until death is continued. His physical health, healthy eating needs to the health of the soul, of course, requires good nutrition. Children's literature, she has a devastating effect on mental health. The child's mind to learn shaped he is far more powerful than the adult learning process. Therefore, the parents manage their children's nutrition, mind, and much of their savings that this brings no doubt in the treasury of literature. "Children are like seedlings are tender. They do not plant seed after its kind gardeners never have to leave. Water gardeners will help seed and the weeds that may be hindering grain growth, protect plants. He knows right saplings that are planted and grown crooked extremely difficult"(Roushan, 2012: 31). Poetry and children's stories and all forms and types are each with its own role in their children's education. In fact, "in the metaphorical comparison of the main aspects of a phenomenon expressed by other aspects of other phenomena which contain a collection of abstract relations to achieve the objective of facilitating the recognition of similarities with other situations refers to a set of abstract relations hidden metaphors. Competitor them with jokes, family stories, adverbs, etc. to participate and find a pattern, focus on different attributions and see things from a different way to invite. "(Maze, 1990: 424 and 425).

The purpose of education is conscious and growing influence, it linked to the unconscious child, as the meanings of education comes from. "In the most general expression, perhaps children's literature aimed at communicating with children. Thus, at first glance seems contrary to literature in its pure sense, sometimes it is claimed regardless of the audience is created, children's literature is not necessarily bound to the audience" (Khosronejad, 2004: 41). Stories have a devastating effect on the children's education. "For a story to really attract baby's attention should he entertain, and provoke curiosity. However, to enrich a child's life story addition to

entertainment and stimulates curiosity, imagination, provoke him and to help him to enhance your understanding and regularly makes his emotions. Moreover, concerns and aspirations of the child to be coordinated with the child can realize their problems at the same time, solutions to problems that distracted he makes her offer. In short, the story must communicate at a time with all aspects of the child's personality without never lose sight of the seriousness of his inner riddles. On the contrary, they do not quite believe and along with it the confidence of your children and the future of the increased "(Bettelheim, 2008: 25).

Their stories from the past to today have too many steps behind. The author reveals the character of your payment and his writing style from within the payment manifest. The classic story structure with explicit and implicit fiction has many differences. However, our goal in this article is to investigate the similarities and differences stories, to investigate a common feature among the tales and stories of yesterday and today in the general sense, the treatment approach. "If the story to the attitudes, feelings, behavior, communication, and also in understanding how to analyze and make decisions for children changed and is a Narrative therapy "(Kurdi, 2012: 14). The benefits are countless stories to shape and change the character of children. Children with hearing problems known story, and the correct solution with identification with the character of the story are open. Results are moral, and to identify with the character, fun benevolence, honesty and faith experiences... in terms of quality effects on audiences, stories and allegories, into four domains is divided:

1. Cognitive domain: the ability to transfer knowledge and contribute to the story in the problem-solving process
2. Emotional territory: the story of the refinement of emotional and hope making
3. Interpersonal realm: the story of the creation of social cohesion and human relationship with each other (social link)
4. Personal territory: the story is the insight and vision; because your person and issues concerning the narrative of his life and a better understanding of themselves and others find the problem "(Sahebi, 2010: 12)

In general the impact of the story on the child's mind is:

"By reading good stories and tailored to the needs, children and adolescents can replace your main character or characters stories in this way, the motivations, conflicts and share their experiences. In this way, the story becomes part of his personal experience. This process of "assimilation" they say. Replication helps to children and adolescents understand their problems. In fact, this process of self-examination and mental challenge is without interference from others. During the replication process, children and adolescents cognitive point of view of the protagonist's experience compare with your experiences or problems. This process of "integrated" is said. If you see the difference between previous experiences and the experiences of the protagonist is forced to think about experiences and in many cases to change them. Review the experience as "externalizing" they say. Like a child who has learned to annoy the tease, peers must pay them. After the correction of experience and belief pays off and understands love better able to help. Externalizing effect in changing behavior can be seen. "(Parirokh, 2009: 52 and 53)

Our classic stories are full of useful and convenient rewriting stories for children. However, according to history, not many years that have passed the age of children's literature and the new literature now spends his teenage years, but undoubtedly the far past, many stories which can be seemingly emerging literature dating back to antiquity brought it works. Many stories for children's rewrite capabilities, with simple words and words have been altered. In other words, the share of classic literature for children today, the rewrites, re-display and refunds childish. However, you can still rich heritage of this historical legacy of Persian literature, culture and art using more common sense, still, in the rewriting of ancient texts and something remained. The aim of this study was to evaluate the classic stories (stories for children and adolescents) with Narrative therapy approach. Without a doubt, the classic story with specific goals has been made, and how storytelling and storytelling in the past, or present, style has changed. There are stories that can be used at any time of its story, stories for children and teenagers found it in plain language and childish today, re-wrote. The story of each of the components that may contain such components is not another story of course. For example, a significant component in childish tales of Kalila und Dimna "chosen friend", while other components is prominent in Shahnameh,

similarly highlighted components in Golestan with Masnavi is different and since the author's purpose in writing it, it contains elements of its own. Each of the components associated with aspects of the child's personality. For example, in a story element, "this is too shall pass" and "truth". This means that the mentioned directions will have implications on the children's story. "Applications have different stories and tales therapist must recognize these applications as well. That is why most emphasis on narrative therapy, to identify the kinds of stories in the realm of feeling, thinking and cognition, behavior and function and the skills and techniques. In addition, the story should be in four dimensions: physical, psychological, social and spiritual elected and age-appropriate behavioral problems, emotional and cognitive used him "(Kurdi, 2012: 47). The classical literature to suit a variety of education, epic, mystical divided. Then, of any genre, examples of therapeutic factors leading to the selection and extraction of stories for children and adolescents will be discussed. The comparison of the components of each group compared to the other groups will be discussed. Among the educational texts, Kalila wa Dimna, Marzubannama and Sindbad-Nameh, and mystical texts and stories to Masnavi and Sheikh Attar will suffice; but the tales of epic, Shahnameh is based; With the assumption that the examples listed. So significantly in terms of content and structural features by the works of his fellow man are represented.

Stories that are right for children and adolescents, according to a rewritten taken from them (Mehdi Azar Yazdi, 1999) were chosen. The reason for this rewrite, the one that is named, the unique rewritten, the original and that the full text of such terms and other rewritten, to some particular story, is not sufficient. The reason for rewriting, instead of the original text, this study investigates the stories, children's and main text, by itself, cannot have a good day and the child. Thus, after studying the stories mentioned in terms of significant results were obtained. The purpose of this speech summarizes two precious works of Persian technical prose, narrative therapy approach. It namely examines it from the perspective of the potential of those stories. To destroy the moral and behavioral problems in children, that in any of the texts, what elements most interest finally, a comparison of the texts mentioned from the viewpoint mentioned above was carried out.

Background

Research works in the field of narrative therapy and to introduce it to the reader to be explored. Milton Erickson (2007), Arthur Roushan (2012), Bettelheim (2008), Sahebi (2010) have books in this field. Many articles on the psychological phenomenon in databases were found that have paid to the position of stories in the treatment of patients. However, among the research, research that deal with literary approach to the study of this phenomenon, according to research, the number of fingers on one hand and of course by tolerance, not exceed. While among classic texts (One Thousand and One Nights, Kalīla wa Dimna, Marzubannama, Roze Al-oqol, Javam Alhekayat, Qabus Name, Sindbad Name, works of Attar, Rumi's Masnavi, Golestan, etc.) There are many stories that could be based on more applied research in the field is mentioned. In terms of narrative therapy and link, it with one of the literary masterpieces (Masnavi of Rumi) a dissertation (Ali Nia, 2007) was found.

1. Educational Texts

As its name suggests, the main objective of educational texts, in the first place, education is a moral point. We can say, "Persian literature has never been devoid of didactic poetry. From the third century and didactic poetry of the lyrics Hanzaleh Badgheisi prominent examples can be seen in our literature, proverbs and sentence remains of Sassanid era, as well as examples of educational literature and even poetry can be considered educational. With the advent of Sufism, poetry teaching Farsi, takes on a different concubine and social transformation, every day of teachings will change, but the core is fixed. Constitutional literature, poetry education is once again proud and revitalization "(Shafiee Kadkani, 2011: 99 100). Its ability to influence the subconscious metaphor and allegory, and the influence of far deeper than words and moral exhortations that in ordinary language and direct, are expressed. The most important goal is allegory that seeks to educate the audience out of the story and other targets located on the outskirts of the main objective. In fact, the "didactic poetry poet poem its main purpose is education. Own teaching poetry means, often with instructions and verse about the sciences and techniques or theories or political and philosophical beliefs and the like. More generally, a poem is the purpose of it, to instill moral consequence to the reader, also called education "(Mirsadeghi, 2009; 178). Kalila and Dimna, Marzban and Sandbadnameh because the texts are distinguished from the doctrinal basis for this study are located. All information about the stories, their therapeutic properties, and components in the following table are shown:

No	Annotate d from	Name Story	Components	No	Anno tated from	Name Story	Components
1	Kalīla wa Dimna	Domesti c poultry sin	<ul style="list-style-type: none"> • hasty judgment • I think after surgery 	26	Marz uban nama	Singing kid	<ul style="list-style-type: none"> • If God something to the man, he would give. • tact and self-control • Overcome Fear • deception eating (referring to overcome fear and chopped)
2	Kalīla wa Dimna	Clever Rabbits	<ul style="list-style-type: none"> • courage • devise appropriate • Hope • Problem solving (creativity) • self-control 	27	Marz uban nama	Chicken Fire Eater	<ul style="list-style-type: none"> • Everything you need to know and understand, but everything should be told everywhere and at all times.
3	Kalīla wa Dimna	Dove Round World	<ul style="list-style-type: none"> • Advice • Problem solving • devise appropriate 	28	Marz uban nama	Milk pious	<ul style="list-style-type: none"> • Virtual bad practice • Jealousy is bad • deception eating • distrust
4	Kalīla wa Dimna	Sly fox	<ul style="list-style-type: none"> • deception eating • Do not deceive • sins 	29	Marz uban nama	Hunting Cat	<ul style="list-style-type: none"> • Anyone built the business.
5	Kalīla	Cooperat	<ul style="list-style-type: none"> • friendship and 		Marz	Fox and	<ul style="list-style-type: none"> • deception eating

	wa Dimna	ion rats and ravens and deer and turtles	love • devise to solve problems	30	uban nama	Dogs	
6	Kalīla wa Dimna	Friendsh ip Quebec and Shahin	• careful selection of friend • deception eating	31	Marz uban nama	Rats and Snakes	• To strive for a better life • Solve problems based on reason and logic • self-control
7	Kalīla wa Dimna	Friendsh ip Bear	• careful selection of friend e	32	Marz uban nama	Bear jealous	• Jealousy is bad • self-control
8	Kalīla wa Dimna	Iron Rat Creek	• • Right- telling	33	Marz uban nama	Literacy ass	• Action to solve problems based on reason and logic • self-control

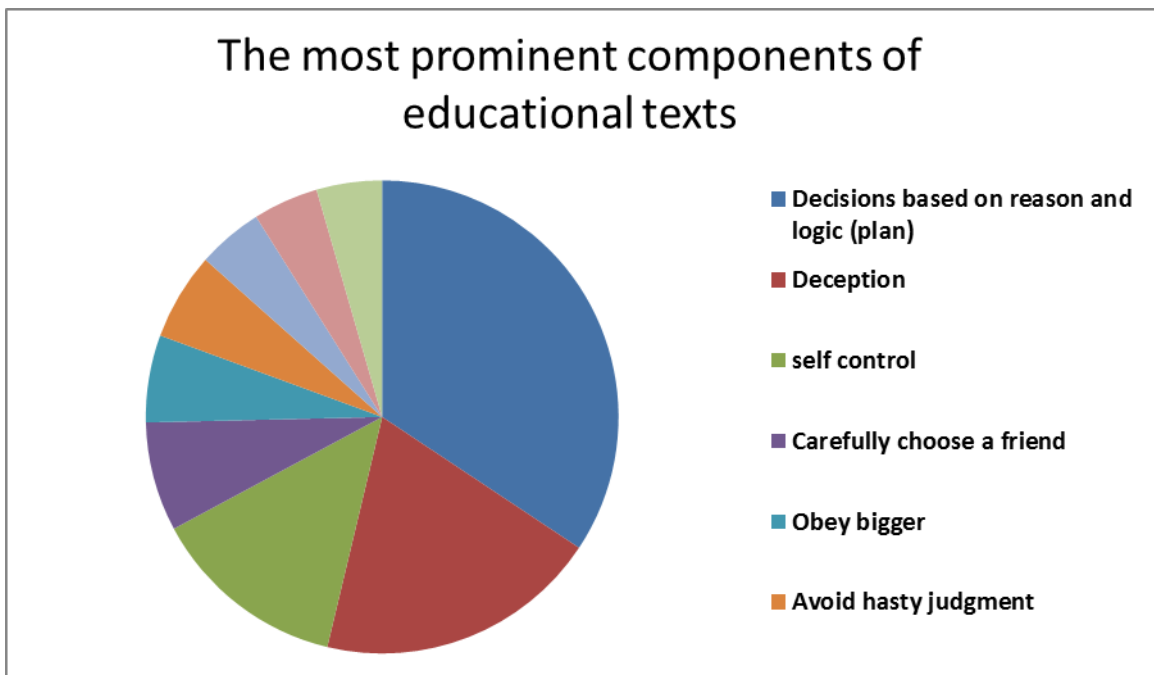
9	Kalīla wa Dimna	Dreamer	<ul style="list-style-type: none"> • Current reality 	34	Marz uban nama	Three Greedy Thieves	<ul style="list-style-type: none"> • Guilty sees the result of your action
10	Kalīla wa Dimna	Smartass Nightingale	<ul style="list-style-type: none"> • love • Friends of Nature • Reply by reason 	35	Marz uban nama	Repartee BozorgmehR	<ul style="list-style-type: none"> • making decisions and speaking on the basis of reason and logic
11	Kalīla wa Dimna	Talkative turtle	<ul style="list-style-type: none"> • self-control 	36	Marz uban nama	mustelidate	<ul style="list-style-type: none"> • make decisions based on reason and logic • Stay away from enemies • timely action
12	Kalīla wa Dimna	Jackal politician	<ul style="list-style-type: none"> • devise to solve problems • challenging 	37	Marz uban nama	Rabbit advice	<ul style="list-style-type: none"> • deception eating • make decisions based on reason and logic

13	Kalīla wa Dimna	Pigeon impatien t	<ul style="list-style-type: none"> • Avoid hasty judgments 	38 38	Marz uban nama	Wrong friends	<ul style="list-style-type: none"> • Care must be taken in choosing friends. • consult and listen to the older
14	Kalīla wa Dimna	Detectiv e Birds	<ul style="list-style-type: none"> • sins punishment 	39	Marz uban nama	Anushirw an and gardeners	<ul style="list-style-type: none"> • selfishness (others planted, we plant / others eat) • deliberate speech (note the word)
15	Kalīla wa Dimna	More trusting camel	<ul style="list-style-type: none"> • Comes with adults • deception eating • careful selection of friend 	40	Marz uban nama	Knowled ge unfinishe d	<ul style="list-style-type: none"> • accuracy and concentration
16	Kalīla wa Dimna	Zal old cat	<ul style="list-style-type: none"> • listen to older • do not leave the house without permission 	41	Sand badn ameh	Horoscop e Fox	<ul style="list-style-type: none"> • You must consider all aspects • be careful • a negative aspect as well:

							one who deceives another looks to his will.
17	Kalīla wa Dimna	Scorpion stings	<ul style="list-style-type: none"> careful selection of friend 	42	Sand badn ameh	Great camel	<ul style="list-style-type: none"> Under the early going You must be clever and wise.
18	Kalīla wa Dimna	Caution Fox	<ul style="list-style-type: none"> Reflecting on the consequences of acting assess all aspects and decisions strategy for solving the problem 	43	Sand badn ameh	Elephant Training	<ul style="list-style-type: none"> A person must cope with fear and of itself is dominant. must decide soon.
19	Kalīla wa Dimna	Duck wrong	<ul style="list-style-type: none"> The importance of asking questions shyness Criticism of Understand fallible human being Self Confidence 	44	Sand badn ameh	Firing	<ul style="list-style-type: none"> Play with fire is dangerous Not to do dangerous work Be aware of your own letters to listen.

			<ul style="list-style-type: none"> • attempts to correct the weaknesses 				
20	Kalīla wa Dimna	Crab and Kingfisher	<ul style="list-style-type: none"> • distrust 	45	Sand badn ameh	Child alert	<ul style="list-style-type: none"> • Dana good kid • Creativity
21	Marzubannama	Wish tree	<ul style="list-style-type: none"> • make decisions based on reason and logic • Apartment • ignorant and credulous. 	46	Sand badn ameh	Wait fox	-
22	Marzubannama	Kingfisher penitent	<ul style="list-style-type: none"> • self-control (for anyone heart burn) • deception eating 	47	Sand badn ameh	Ant and Bee	<ul style="list-style-type: none"> • the importance of patience and solace in life • the result of hasty judgment • As a result much attention to the people • Avoid pessimism • Kindness to animals • make decisions based on reason
23	Marzubannama	Walking and riding	<ul style="list-style-type: none"> • distrust • helping your fellow man • Living with 	48	Sand badn ameh	Chicken nimble	<ul style="list-style-type: none"> • Each result represents a false belief is false.

			prudence and based on reason and logic				<ul style="list-style-type: none"> • Deception is pride. • Discretion of reason
24	Marzubanama	Cat and Mouse	<ul style="list-style-type: none"> • Decision-making and action based on reason and logic • Jealousy is bad. 	49	Sand badn ameh	A drop of honey	<ul style="list-style-type: none"> • Avoid anger and the importance of tolerance • the importance of patience and solace in life
25	Marzubanama	Jackal riding donkey back	<ul style="list-style-type: none"> • self-control • deception eating 	50	Sand badn ameh	White Cat	<ul style="list-style-type: none"> • the result of hasty judgment • As a result much attention to the people • Avoid pessimism • Kindness to animals



As can be seen, "decisions based on reason and logic," "poor fool" and "self-control" in the teaching of literature review, had the highest frequency. In these stories, component, more mundane issues and world affairs are concerned. Apparently, hereafter with the authors of these texts, not special place and everything to life in this world ends. Even when the sins of its own, home of the world show punishment; although, hereafter is not so much disbelief and God is present in it. The reason is the tendency for many and asks the audience, his work on the set. At the same time, do not be deceived that says, cheated of also preventing, but repeatedly stressed that we should not let us deceive. Invites to love; asks the audience but also be careful in choosing friends. He wants to be master of your own feelings and unafraid of challenges among the components are placed. Says do not judge hastily and older and wiser hearken to the words, questions and beware of shyness. Criticism is also one of the components of educational stories. Permitted human error and should he be expected to be nothing wrong confidence is good... And one must strive to eliminate weaknesses. Efforts must be made to obtain a better life. However, what made anyone in the world and this should be borne in mind that others farms, and we must also grow. We are not only wasteful and the responsibility of our producers. Collectors should be aware. Good effort and perseverance, optimism, patience and attention are not the people of other teachings of these texts. Playing with fire is dangerous and we must understand that the result represents a false belief is false.

1. Mystical Texts

It is a sub-genre of lyric poetry and mystical literature, a large volume of literature devoted to us. Mystical texts, God is love and love to achieve this and to identify with her real lover, in other words, the doom in his conduct stage one after another travels. In other words, mystical poetry "is a branch of Persian poetry and the mystic poet or mystic poet, influenced by Sufism emerged disposition. Mystical poetry of mystic expression and specific worlds or as dogma or interpretation focuses their minds (Mirsadeghi, 2009; 185).

The following table describes the mystic stories:

No	Annotate	Name Story	Components	No	Annotat ed from	Name Story	Components

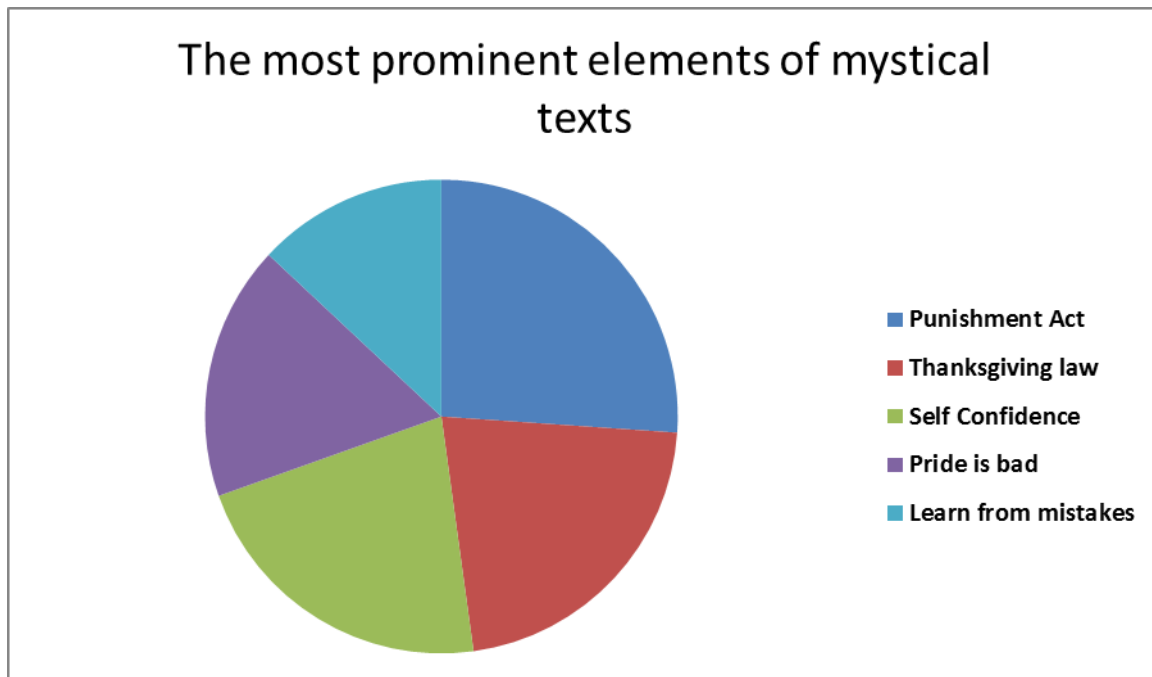
	from						
1	Masnavi	A man too proud	<ul style="list-style-type: none"> • One should be proud and selfish. • Must be able to swim • Do not ridicule other 	21	Masnavi	Escape from death	-
2	Masnavi	Pagan king	<ul style="list-style-type: none"> • Bad people arrive on the outcome of their actions. • God is always with the good man. And good people in the world are happy 	22	Sheikh Attar Tales	White teeth	<ul style="list-style-type: none"> • See the glass half full • Focus on beauty and strengths • All God's creatures are beautiful
3	Masnavi	Male Choir and visiting the sick	<ul style="list-style-type: none"> • It is not what we think 	23	Sheikh Attar Tales	Children Fisher man	<ul style="list-style-type: none"> • justice • courage • self confidence • Law Thanksgiving • Sacrifice
4	Masnavi	Parrot and Merchant	<ul style="list-style-type: none"> • Consult fine. • Creativity 	24	Sheikh Attar Tales	Theist	<ul style="list-style-type: none"> • Sincerity • Stay away from the nose • lack of judgment in humans
5	Masnavi	For Nadon	<ul style="list-style-type: none"> • Consult fine. 	25	Sheikh Attar	Abed beard	<ul style="list-style-type: none"> • Sincerity in action

		ish	<ul style="list-style-type: none"> • Creativity 		Tales		
6	Masnavi	Sick old man	-	26	Sheikh Attar Tales	Mar smoke	<ul style="list-style-type: none"> • Helping the needy
7	Masnavi	Pigeons and woman	<ul style="list-style-type: none"> • Everyone is made to work. • A person must know their place. • We must know us 	27	Sheikh Attar Tales	Trade and luck	<ul style="list-style-type: none"> • harm good people do not • luck superstitions • Virtual-world practice
8	Masnavi	Hoopoe and Solomon	<ul style="list-style-type: none"> • You must answer bad people and jealous with comfort. • Sometimes God desires cannot be changed • Jealous man lesions 	28	Sheikh Attar Tales	Gift	<ul style="list-style-type: none"> • pride is bad
9	Masnavi	Prayer without presence	<ul style="list-style-type: none"> • Prayer must be in the heart. • 	29	Sheikh Attar Tales	Felt hats advice	<ul style="list-style-type: none"> • this too shall pass • A pattern of self-confidence • the problem of child labor

10	Masnavi	Luqman and Khwaja	<ul style="list-style-type: none"> • Self Confidence • Great in disguise is not the intellect and knowledge. 	30	Sheikh Attar Tales	Fresh water, fresh water	<ul style="list-style-type: none"> • contentment • satisfaction and Thanksgiving • excuses bad
11	Masnavi	Crescent	<ul style="list-style-type: none"> • Sometimes based on your imagination mistakes that are incorrect and we insist on our own mistakes. 	31	Sheikh Attar Tales	Damn the devil	<ul style="list-style-type: none"> • By speaking well can impact on humans • authority in humans
12	Masnavi	Indian people and newly arrived elephants	<ul style="list-style-type: none"> • We have no comment on that, I think if that is true. 	32	Sheikh Attar Tales	Snakes, snake charmer	<ul style="list-style-type: none"> • badly caught • pride is bad • One should not be deceived
13	Masnavi	Lion and carrot	<ul style="list-style-type: none"> • courage • devise appropriate • Hope • action to solve the problem • self-control 	33	Sheikh Attar Tales	Millstone	<ul style="list-style-type: none"> • Everyone is busy working and helpful people.

14	Mas navi	Boone garden with ass	<ul style="list-style-type: none"> • When we do something, we must first think about the consequences of it. • First, we study the decision. 	34	Sheikh Attar Tales		<ul style="list-style-type: none"> • Who is responsible for another life • Command of every human life is in their own hands. • Do not defect to the shoulders of others. • Each result represents a false belief is false. • One must recognize their abilities and use them right.
15	Mas navi	Fellow Travelers	<ul style="list-style-type: none"> • Anyone who defend their religion and this is not true. 	35	Sheikh Attar Tales	One to be, two not to be	-
16	Mas navi	ugly and beautiful Ghulam	<ul style="list-style-type: none"> • humans are superior to reason and think not to appear beauty 	36	Sheikh Attar Tales	Epic Beer	-
17	Mas navi	Wolves and	<ul style="list-style-type: none"> • In times larger than should have humility 	37	Sheikh Attar	Beggar in love	-

		foxes	<ul style="list-style-type: none"> You should take a lesson from the fate of human evil and wrong do not do them again. 		Tales		
18	Mas navi	Grape difference	<ul style="list-style-type: none"> Avoid hasty judgments Each result represents a false belief is false. 	38	Sheikh Attar Tales	Straw crazy ride	-
19	Mas navi	Deer barn donkeys	<ul style="list-style-type: none"> friends with the animals 	39	Sheikh Attar Tales	Old Changi	-
20	Mas navi	Passengers	<ul style="list-style-type: none"> justice and equality 	40	Sheikh Attar Tales	Gender scarce and expensive	<ul style="list-style-type: none"> Provision of confidence self-control



As seen in the table and graph, a variation of components in further education is mystical texts from texts. Among the components have been found, "Punishment Act," "Act of Thanksgiving" and "confidence" had the highest frequency. To adhere to the religious and faith relies directly or indirectly on the issue. Almost all of the guidelines is to strengthen organized religion. The author of the story is to resort to allegory, god strengthens in the minds and everything other than Allah has warned. If that pride is bad and stop making fun of others, and the terror of the consequences, aims to make the reader understand that after this world, the universe and everything else is not limited to the world now. From the perspective of the creators of these stories, everyone defends his religion. No one else is responsible for false. Moreover, invite talks of free will and contentment. Helping others gives life lesson on the seasons and to your audience, thanks to teach law. Invite a friend to animals and to humility in the face of calls on servants of God. In general, the stories of mystical texts, God, the kind of education are highlighted.

1. Epic Texts (Tales of Shahnameh)

Sagas, as heroism and chivalry of human aspirations are usually come in the form of poetry. In a comprehensive definition of the saga have said, "a long poem epic is usually focused on the life and acts of extraordinary heroism and the important events of unusual nature of a tribe or nation often and sometimes the whole human race is concerned, is concerned. "(Mirsadeghi, 2009; 117) The epic Shahnameh stories of epic texts were selected. In other

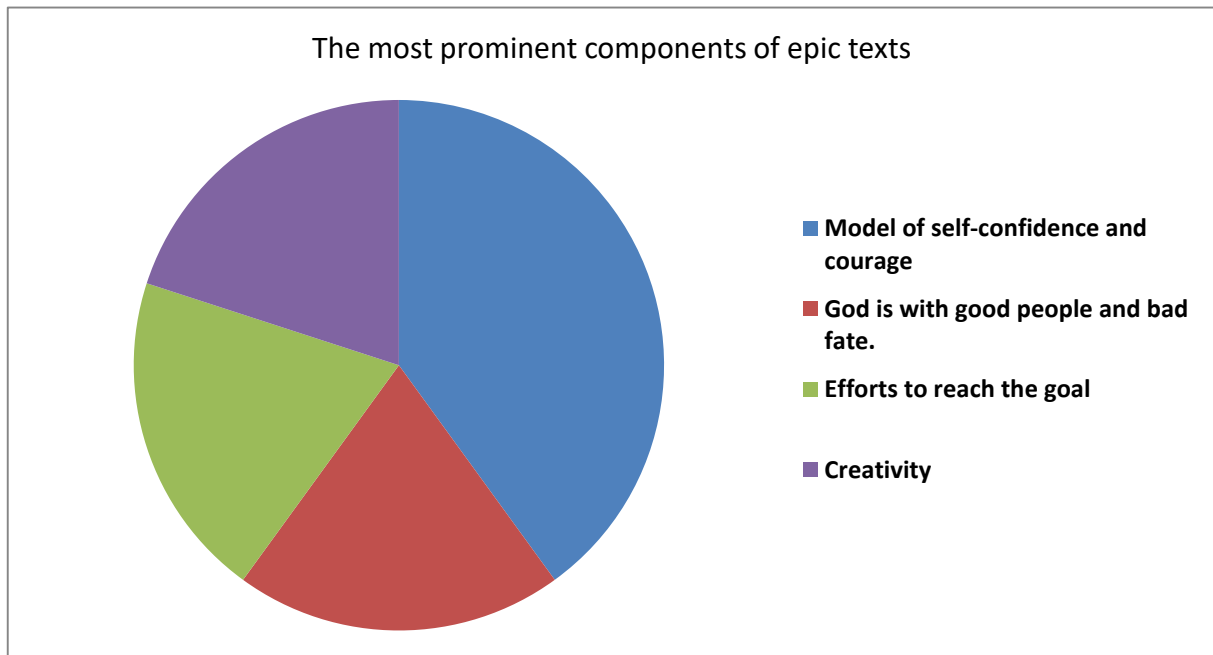
words, among all the stories of Shahnameh stories for children's rewrite capabilities that in this brief is discussed:

No	Name Story	Story plan	Components
1	Kiomas	With predators and urge, the Court makes animal skin clothing.	<ul style="list-style-type: none"> • Effort • courage • Creativity
2	Hooshang	Sits on the throne after his father	<ul style="list-style-type: none"> • Effort • Creativity • courage
3	Tahmores	...	<ul style="list-style-type: none"> • attempt and effort • Creativity
4	Jamshid	...	<ul style="list-style-type: none"> • attempt and effort • Creativity • pride is bad
5	Zahhak	<p>Zahhak killed his father, two snakes on his two shoulders you go. To feed the snakes kill humans.</p> <p>Fereydoun people will take revenge and instead Zahhak sits on the throne.</p>	<ul style="list-style-type: none"> • Anyone who does evil sees punished for his or her deeds. • Provision of confidence • A good man is trying to win • Victory is always good

6	Fereydoun	Fereydoun King has three children. Two bad sons, a good son Fereydoun kill. Iraj's grandson finally takes revenge for his grandfather.	<ul style="list-style-type: none"> • Evil is ill. • Bad people fail
7	Kavos	Kavos levity and continually fails but following the failure to achieve victories together	<ul style="list-style-type: none"> • Consult with others is good • To strive to achieve the goal is good, but with consultation with others • Effort and brings victory resistance
8	Rostam's Seven Labours	Rustam is to save Kai Kavous to Mazandaran.	<ul style="list-style-type: none"> • model of courage • Provision of confidence • Creativity • Discretion of reason
9	Rostam and Esfandiar	Rustam's mother dies and goes to his son. Sohrab grows Address asks the father to the mother and father are looking for a way to be ...	<ul style="list-style-type: none"> • Provision of confidence
11	Siavash	Siavash survived the fire because he was good at was ...	<ul style="list-style-type: none"> • He is a good man • Good and won • spiritual self-confidence • Whoever is victorious God is with

			<p>him.</p> <ul style="list-style-type: none"> • Provision of confidence • Efforts to reach the goal • Courage
12	Kai Khosrow	Siavash father died Kai Khosrow to cowardice. When his father finally takes revenge	<ul style="list-style-type: none"> • Provision of confidence • Creativity • bad, bad end
13	Esfandiar Seven Labours	Esfandiar sisters to save Turan goes to ...	<ul style="list-style-type: none"> • Provide a model of courage • Provision of confidence • Creativity
14	Shaghaad	Shaghaad cowardice kills his brother and killed himself.	<ul style="list-style-type: none"> • bad, bad end
15	Rostam and Esfandiar	Esfandiar, Rostam comes to war and killed.	<ul style="list-style-type: none"> • acting in accordance with reason and logic • Provision of confidence • grudge bad games • courage • Creativity

16	Seven Warm Wade	Girl then finds warm a magical cream ...	<ul style="list-style-type: none"> • Badly defeated • Creativity • Provision of confidence • model of courage
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As appears from the data tables and charts, the epic texts, the highest frequency, factors relating to "provide confidence and courage pattern" is followed by "criminal act and Punishment" and "trying to reach the goal" and "creativity" are the highest frequency than other components. Diversity elements of the genre, there is almost eighty in the four factors accounted for the percentage of all components. Although the stories have been studied less than the first and second groups, but the result that the small amount, so tangible that does not feel the need to get more samples. As can be seen, in this genre, the effort, too much emphasis has been to provide significant and unique patterns have confidence in it. Patterns those child audiences to see their performance will be affected. These stories emphasize the courage and creativity of a unique position in terms of frequency is in the fourth grade. To the top in this, group as well as groups warned result is bad in this world. This case except that the frequency is much higher than the other is two types is epic. Here are the pride of alerting and calling to consult. Subject dislodges the stories of resistance and self-defense force head. He accepts, however, not disbelief in life after death.

Conclusion:

Stories of the early days of the format and usage are common among human beings. People from times past to present, for more effect their words through metaphors and analogies sought. Until they called narrative therapy, treatment arose. One of the treatments narrative therapy moral and psychological disorders is especially in children and adolescents. Due to this feature stories, tales of classical Persian based on their types, into three groups: educational genre, mystical, which is a sub-genre of lyric and epic, division and with each other were compared. Given that every genre in order to achieve a goal has been formed, dominant in it, other genres are different. For example, the genre of educational, training and education, and the epic, to show the prowess of a nation arises. Mysticism to achieve Allah's essence, and annihilation in Allah, is struggling and so each of the genres in order to achieve a specific purpose has been created. On this basis, the stories of ancient texts, in terms of their ability to treat children examined ethical problems, and then a comparison was made between the three types. Finally, it was concluded that all three stories of the genre, has had in common, but the dominant aspect in any genre that distinguishes it from others. This aspect or dominant, in fact is genre, and its main message. For example, educational genre-to-genre reason calls and mystical act of retribution false scares, and what that means is obvious epic genre, providing a unique pattern of courage and confidence. According to the survey, a significant component in educational texts respectively, "decisions based on reason and logic," "poor fool", "self-control" "Chosen friends" and "obedience to the larger" is a mystical texts, components "act of retribution," "thanksgiving", "confident", "avoid arrogance" and "learn from mistakes" prevails. The highest frequency, in the epic texts is related to components of "providing of confidence". "God is with good people, and the end result is bad" "trying to reach the goal "and" creativity".

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